

BEREAVEMENT



Led by Revd Peter Jackson on Saturday 5th February 2022

9.30 am - 4 pm (Coffee available from 9 am)

at Godalming Baptist Church, Queen Street, Godalming, Surrey GU7 1BA

Whilst focusing particularly on losing someone through death, the day's course offers an opportunity to look at any losses, experienced either recently or in the past.

In a safe environment there is the opportunity to listen to prepared talks, to share confidentially, if we choose to, and we can learn from, help and support one another.

We recommend that the course is not attended within three months of a bereavement, but anyone who has suffered a loss is welcome to bring someone to support them. The course is equally suitable for those who want to understand more about bereavement in order to become more sensitive and helpful to others experiencing loss. With the universal experience of death and bereavement, it is helpful for those of any or no faith.

Peter has vast experience and understanding of bereavement. He has led numerous courses, tutored 'Insight into Bereavement' at Waverley and helped lots of individuals on the journey. He is a retired Baptist minister and presently Moderator of GBC.

Voluntary contributions are invited for the work of Cruse.

**Please reserve a place by contacting Sally Pollard-
email: pollard3@hotmail.co.uk, tel 01483-428646 by ***Friday 28th***
January**